

Wellbeing sessions for 10 - 18 year olds



FREE wellbeing sessions @ Green Rivers CA

Activities will vary weekly including seasonal crafts, baking, cooking, fishing, creative arts, dance, gardening, yoga, fishing, selfcare/pamper sessions, and wellbeing-boosting activities.

Each session includes a wellbeing topic, that will cover awareness of all forms of exploitation, internet safety, healthy and unhealthy relationships, peer relationships, safety in the community, consent and mental health and wellbeing boost techniques and strategies.

For more information please contact Street Teams

Call 01922 621208 or email admin@street-teams.org



Walsall Council

Dates & times:

All sessions are free to attend and participate!

Children and young people's sessions

Every other Monday 4:00pm - 5pm
from 22nd September 2025 until 29nd June 2026.

Green Rivers Community Association,
Green Rivers Lane, 109 Green Rock Lane, WS3 1NQ

22nd September

6th October

3rd November

1st December

12th January

9th February

9th March

6th April

4th May

1st June

20th October

17th November

15th December

26th January

23rd February

23rd March

20th April

18th May

15th June

29th June