

BTEC National Diploma in Sport

This BTEC qualification combines practical learning with subject and theory content and is well regarded by universities, further education colleges and employers. The qualification can lead to employment, continuing study or professional development programmes.

Programme of Study

Year 12		Year 13	
Unit	Assessment Method	Unit	Assessment Method
Anatomy & Physiology	External	Leadership	Internal
Fitness Programmes	External	Practical Sport	Internal
Careers	Internal	Event Organisation	Internal
Fitness Testing	Internal	Business	External
Skill Acquisition	Internal		

Pathways

Learners can progress onto any of the following key pathways for careers and jobs in the sport industry – coaching, sports science (e.g. nutritionist, sport psychology, sports therapy and injury management in sport performance, exercise and fitness), sports development (e.g. sports development officers, National Governing Body (NGB) officers, sports administrator) leisure management (e.g. facility management, grounds keeping, activity coordinator) education, sports journalism.

Student Quotes

'I have a passion for fitness and knew that the BTEC sport course was perfect for me. I found it so interesting to find out about the anatomy and physiology behind the particular exercises that I was performing in my workout routines outside of school. The course helped me to understand fitness testing, training and programming so that I could gain the knowledge I needed to become a qualified Personal Trainer.' **Jacques**

'I have always been interested in sport but didn't know what particular job I wanted to have. The BTEC course gave me an insight into the different sectors within the sport industry. I found the leadership and sports event organisation modules interesting which helped me to decide a career as a primary school teacher and sports coach.' **Chloe**