

# A Level Physical Education

A level physical education is designed for those students who currently still play sport at a good level, on a regular basis. It a course that combines academic study of sport and physical education with analysis and development of practical performance. The topics studied include analysis and application of scientific, psychological and social principles of physical education and require learners to analyse and apply the content of this to practical sporting contexts.

## Programme of Study

Year 12		Year 13	
Unit	Assessment Method	Unit	Assessment Method
Practical Performance	Internal	Scientific Principles of Physical Education	External
Performance Analysis and Performance Development Programme	Internal	Psychological and Social Principles of Education	External

## Pathways

A level PE is a field with various practical pathways like sport journalism, PE teaching, sports coaching, personal training. Furthermore, A level PE is also an ideal combination subject linking well with science for those students looking to move to sports science, physiotherapy, or similar academic pathways.

## Student Quotes

'I chose A Level PE to pursue a career in sport and various aspects within it. After really enjoying GCSE PE and achieving a Grade 8, I felt confident going into the A level course'

**Brody**

'I chose PE as I love sports and it gives me the opportunity to continue playing sports and building on what I did in GCSE'

**Jack**